

JANE DOE, MFT, PPS

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MARRIAGE & FAMILY THERAPY INTERN

Individuals, Couples, Family & Children

- ❖ **Highly committed and compassionate-minded MFT Trainee / Intern** eager to provide comprehensive treatment to individuals, couples, families and children in order to enhance the mental health and lives of culturally diverse people.
- ❖ **Extensive experience working with mentally ill adults and children** on an individual and group level with proven success establishing highly effective individualized treatment plans.
- ❖ **Collaborative professional determined to cooperate with other mental health professionals** in contributing to the health and wellbeing of various patients while maintaining a productive working environment.
- ❖ **Acknowledge/address Department of Mental Health standards.** Foundational coursework/training in Cognitive-Behavioral/Family Systems Therapy.

Core Competencies:

- * **Treatment & Recovery Plans**
 - * **Client Assessments**
 - * **Behavioral Disorders**
 - * **Treatment Approaches**
 - * **Relationship Development**
 - * **School Counseling**

EDUCATION & CREDENTIALS

MASTERS IN FAMILY THERAPY, MFT (2013)

PPS CREDENTIAL, PPS (2013)

BACHELOR OF ARTS (B.A.) IN SPEECH COMMUNICATIONS (1996)

Dean's List, University Name, City, St.

PROFESSIONAL EXPERIENCE

COMPUTEC MIDDLE SCHOOL & UNIVERSITY HIGHSHOOL, Fresno, CA, 2013

PRACTICUM: INTERN SCHOOL COUNSELOR

- **Met with students individually to discuss academics, personal/social issues and college career planning** in order to guide the successful adjustment to school life.
- **Sat in on various IEPs (Individual Education Plans).** Collaborated with teachers and counselors to discuss and ensure the progress of students. Planned and led the GSA Club Meeting by-weekly.

FRESNO FAMILY COUNSELING CENTER, Fresno, CA, 2012

PRACTICUM: INTERN COUNSELOR

- **Provided individual, couples, child and family counseling.** Interviewed and conducted client assessments to develop treatment and recovery plans for clients and/or their family members. **Assisted with the intake process by interviewing clients and family members to obtain family, social, employment, medical** and mental health treatment history. **Functioned as member of multi-disciplinary team to review client cases,** treatment approaches, clinical issues, client progress and treatment recommendations.

PATHWAYS TO RECOVERY, Fresno, CA, 2012

PRACTICUM: INTERN THERAPIST

- **Assessed and diagnosed the mental health of various clients.** Worked with clients one-on-one. Maintained paperwork. Provided individual therapy to clients diagnosed with multiple presenting issues including Schizophrenia, Bipolar Disorder, Generalized Anxiety Disorder and Post-traumatic Stress Disorder.
- **Co-facilitated group treatment to provide psych education** and increase insight into maladaptive coping mechanisms. **Ensured proper documentation of session content and interventions** by maintaining progress notes. for all clients. Interviewed and assessed consumers with co-occurring disorders.

Additional Experience Includes:

SALES EXECUTIVE for TRAINA FOODS, Fresno, CA (1993-Present)

Oversee all aspects of \$1.5 million worth of business with success managing multiple accounts, selling various products, gaining a solid client-base and establishing new business. Participate in food shows throughout the United States to market and sell products.